



Client Profile

NAME: _____

ADDRESS: _____ CITY, STATE, ZIP: _____

MOBILE PHONE: _____ HOME PHONE: _____

E-MAIL ADDRESS: _____

DATE OF BIRTH: _____ EMERGENCY CONTACT: _____

RELATIONSHIP: _____ PHONE: _____

HAVE YOU DONE PILATES BEFORE? Yes No IF YES, HOW LONG AGO? _____

WHAT ARE YOUR GOALS FOR YOUR PILATES PRACTICE? _____

WHAT ARE YOUR OTHER FORMS OF EXERCISE? _____

PLEASE LIST ANY INJURIES OR ACHES AND PAINS YOU CURRENTLY HAVE: _____

ARE YOU PREGNANT? Yes No

HAVE YOU GIVEN BIRTH IN THE PAST YEAR? Yes No IF YES, WHEN? _____

HAVE YOU EVER HAD ANY OF THE FOLLOWING?

- | | | |
|---------------------------|---------------------|----------------------|
| _____ High Blood Pressure | _____ Diabetes | _____ Joint Problems |
| _____ Heart Problems | _____ Asthma | _____ Sprains |
| _____ Surgery | _____ Liver Disease | _____ Fractures |
| _____ Cancer | _____ Whiplash | |

ARE YOU CURRENTLY RECEIVING CARE FROM ANY OF THE FOLLOWING?

___ Physical Therapist ___ Chiropractor ___ Physician ___ Massage Therapist/Bodywork

PLEASE LIST ANY MEDICATIONS YOU ARE CURRENTLY TAKING:

Welcome! We look forward to working with you to achieve your goals at Reform Pilates. If you ever have any questions or concerns, please contact the front desk.



Studio Policies

We look forward to helping each client reach their own personal goals. In order to best serve you, we have established the following policies:

- All classes and sessions are 55 minutes in length.
- We require a **24-hour** cancellation notice for privates, duets, and trio sessions.
- Late cancels or no shows for privates will be charged \$40 to the credit card on file. For late cancels or no shows for duets and trios, one session will be deducted from the account/ charged. **Sorry, there are no exceptions.**
- There will be a \$25 fee for all returned checks.
- All sales are final. Classes and sessions are non-refundable.
- **All clients must have a valid credit card on file.**

4-WEEK SERIES POLICIES FOR GROUP CLASSES

- Spaces are only guaranteed in classes if you have purchased the 4-week series for that class.
- There are no make-ups for classes. If you are unable to attend a class in a series, you forfeit that class.
- **After your 4-week series expires, your account will automatically renew for the next series. To cancel auto renew, you must give us at least a 4-day cancellation notice by email prior to the last day/date of your series.**

I understand the above and agree to abide by all studio policies.

_____ Date

_____ Client Signature

_____ Client Name (please print)

How did you hear about us?

Website

Austin Fit Magazine

Facebook

Referral

If so, who: _____

Yelp, CitySearch

Other: _____

